

SALT & PEPPER SQUID (Lge) 80g



Price: \$8.70

SKU: SKU51737

Product Categories: [Blends for Seafood](#), [Herbs & Spices](#), [Rubs for Roasts, BBQ's & Grill](#), [Spice & Herb Blends](#), [Stir Fry Blends](#), [Sugar Free Blends](#)

Product Tags: [s](#)

Product Page:

<https://www.herbies.com.au/shop/herbs-and-spices/spice-herb-blends/salt-pepper-squid-lge-80g>

Product Summary

A delicious blend of prickly ash, spices and salt for traditional salt and pepper squid. (LGE PKT)

Product Description

A delicious blend of prickly ash, spices and salt for traditional salt and pepper squid.

(LGE PKT)

Other Common Names: Prickly Ash spice

Contains: Sea salt, Sarawak black pepper, Szechuan Pepper (prickly ash), chilli.

Description & Use: Sprinkle 2 teaspoons of spice blend per 500g of seafood into a dry, hot pan and lightly roast. Coat seafood with roasted spice mix and stir-fry.

Nutrition information (relates to dry spice mix only).

Per 100g

Energy (kj)

386.54

Protein (g)

3.88

Fat (g) Total

1.58

Fat (g) Saturated

0.42

Carbohydrate (g)

21.30

Sugars (g)

17.35

Sodium (mg)

25344.75

Product Attributes

- Dimensions: N/A
- Weight: 0.09 kg