

CHINESE FIVE SPICE 45g



Price: \$5.70

SKU: SKU3644

Product Categories: [Blends without Chilli](#), [Herbs & Spices](#), [Rubs for Roasts, BBQ's & Grill](#), [Salt Free Blends](#), [Spice & Herb Blends](#), [Stir Fry Blends](#), [Sugar Free Blends](#)

Product Tags: [c](#)

Product Page:

<https://www.herbies.com.au/shop/herbs-and-spices/spice-herb-blends/chinese-five-spice-45g>

Product Summary

A traditional blend of spices that enhances the flavour of stir-fry dishes and duck.
(SML PKT)

Product Description

A traditional blend of spices that enhances the flavour of stir-fry dishes and duck.

(SML PKT)

Contains: star anise, fennel seed, cassia, pepper, cloves.

Description & Use: Chinese Five Spice powder is a classic blend of spices that compliments stir-fry dishes and grilled and roast meats. Sprinkle about half a teaspoon over 500g of vegetables, chicken or seafood while stir-frying. To season roast or grilled meats, rub on with a little salt 20 minutes before cooking.

Nutritional Information:

Per 100g

Energy (kj)

1335.24

Protein (g)

14.03

Fat (g) Total

12.49

Fat (g) Saturated

0.38

Carbohydrate (g)

46.76

Sugars (g)

5.79

Sodium (mg)

43.24

Product Attributes

- Dimensions: N/A
- Weight: 0.04 kg