

## CASSIA BARK (Baker's Cinnamon) WHOLE 20g



Price: \$3.20

SKU: SKU3618

Product Categories: [Spices](#)

Product Tags: [c](#), [Chinese & South East Asian](#)

Product Page: <https://www.herbies.com.au/shop/herbs-and-spices/spices/cassia-bark-whole-20g>

### Product Summary

Pieces of cassia bark flavour fruit desserts, Asian dishes and biryani. (SML PKT)

### Product Description

Pieces of cassia bark flavour fruit desserts, Asian dishes and biryani. (SML PKT)

**Other Common Names:** Baker's Cinnamon, Bastard Cinnamon, Dutch Cinnamon, *Botanical Name: (Cinnamomum burmanii)*

Produce of Indonesia packed in Australia.

**Description & Use:** Often confused with cinnamon, cassia has a very sweet, pungent aroma and almost bitter taste when used to excess. This is what the majority of bakers use on cinnamon donuts, in apple strudel and in cinnamon spiced muffins. Cassia is also used in the United States and at one time was referred to there as Saigon Cinnamon. Highly perfumed, cassia is delicious in sweet dishes and we recommend blending it 50:50 with true cinnamon for best results.

#### Nutritional Information:

Per 100g

Energy (kj)

1480

Protein (g)

4.5

Fat (g) Total

2.2

Carbohydrate (g)

79.8

Sugars (g)

0.0

Dietary Fibre (g)

20.3

Cholesterol (mg)

unknown

Sodium (mg)

10

Potassium (mg)

unknown

## Product Attributes

- Weight: 0.03 kg